

REFLECT: Going Abroad

Your Student Exchange Capstone Module

BEFORE

Getting started

Initial information on the module

Self study (online), starting mid-June

Jumping off

Explorations of the main topics

*Pre-departure workshop, 1 day
(face-to-face) – 5 July 2025*

June / July 2025

DURING

Diving in

Orientation in your new environment and first observations

Self study (online)

Settling in

Mutual exchange and reflection of your stay abroad

Self study & real-time meetings (online)

August 2025 – March / April 2026

AFTER

Heading back & Re-anchoring

Taking your experiences back to your old-new environment

*Re-entry workshop, ½ day (online),
18 April 2026*

Moving beyond

Closing reflection and transfer of your new knowledge & skills

Reflective essay & self study (online)

April 2026

